

# SUNDARDAS NATUROPATHIC CLINIC

*Primary Naturopathic  
Medical Care for You and  
Your Family*



**CALL**  
Sundardas Naturopathic Clinic  
251A Victoria Street  
Singapore 188035

Tel. 6323 6652  
[www.sundarnaturopathy.com](http://www.sundarnaturopathy.com)

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A variety of conditions respond well to natural medical treatment:

- Allergies
- Arthritis
- ADD/ADHD/ASD
- Diseases of the skin
- Diabetes, metabolic and endocrine diseases
- Stomach & Intestinal disorders
- Kidney, genital and urinary diseases
- Chronic degenerative disease
- Obesity
- Heart Disease
- Depression/anxiety
- Menstrual irregularities/PMS
- Musculo-skeletal pain

Naturopathic Medical therapies offered by the centre include:

- Acupuncture & Oriental Medicine
- Nutritional Prescriptions
- Homeopathy
- Mind-Body Medicine
- Neuro-feedback/Counseling
- Herbal Medicine
- Detoxification
- Manipulation & Physical Medicine
- Hydrotherapy
- Diet Lifestyle Changes/ Exercise
- Hypnosis & Psychotherapy
- Functional Medicine Testing

# *Naturopathic Medicine*

**Naturopathic Medicine Treat disease and restores health using natural therapies.**

**The goal of naturopathic medicine, and the physicians who practice it, is to promote the healing power of nature and preventive health care. Naturopaths spend time getting to know about you, your lifestyle and the factors in your life that might influence your health. This approach is called holistic.**

## Sundardas Naturopathic Clinic

The Sundardas Naturopathic Clinic has provided naturopathic health care to surrounding communities for almost 20 years. It is associated with the Institute for Natural Therapies and is a teaching centre for Naturopathic students who bring to the Centre cutting-edge information about medicine and ways to heal the human body.

SNC's physician treat patients of all ages using a variety of natural alternatives to help you heal and stay well. At SNC, multidisciplinary primary naturopathic medical care for common, serious and chronic conditions is available to you.

SNC is devoted to eliminating environmental factors that may affect patients' health which allows you to receive care in a "green clinic". It is furnished with natural products, recycled building materials, full-spectrum lighting and non-toxic paint. It is also a fragrance-free facility.

SNC has several areas of concentration. These areas receive special attention, providing you with a staff of physicians who excel in particular fields and offer treatment plans unavailable at other facilities.

These areas of concentration include:

- Diabetes and Heart Disease
- Environmental Medicine

- Mind-Body Medicine
- Functional Medicine
- Acupuncture
- Homeopathy
- Physical Medicine and Manipulation
- Pediatrics
- Women's Health

Sundardas Naturopathic Clinic is conveniently designed to enable you to see your physicians, receive your treatment plan, complete diagnostic lab tests and fill your natural medicine prescriptions in one visit.

Laboratory testing is offered through our internal laboratory. We also work with many other labs. Blood chemistry testing, rapid-tests for strep and urinary infections are all available as well as specialty diagnostics.

Our Natural Dispensary has a wide range of naturopathic medicine. It offers a wide variety of supplements including vitamins, herbal and homeopathic medicines and reading materials.

