

**We provide the following modalities to support Adults and Families**  
a brief overview

**Acupuncture:** We use disposable needles

**Bio-Energetic Medicine:** Uses equipment for diagnosis and treatment

**Biological Medicine:** An integrated system that uses many modalities for pathology and wellness

**Craniosacral Therapy:** Hands-on system to very gently correct the musculo-skeletal system and fascia of the body

**Functional Medicine:** Focussed on wellness Assessments and precisely tailored solutions

**Hair Mineral Analysis:** Checks for deficiencies in minerals and vitamins. **Homeopathy:** Remedies are in liquid form and works through high dilution

**Herbal Medicine:** Remedies usually come in tablets in precise dosages, unlike Chinese herbals which are traditionally "brewed" at home

**Hypnotherapy:** "Mind effects body". Used to improve thinking and learning faculty, healing, phobias

**Iridology:** Diagnosis using the markings in the eye. Also checks for genetic predisposition and constitutional strength

**Kinesiology:** Hands-on system. We primarily use this as a quick preliminary diagnostic tool

**Naturopathy:** The Western system of Natural Medicine

**Hormonal Therapy:** The use of natural substances for hormonal modulation and replacement

**Spinal Manipulation:** Hands-on system for pain. Used in conjunction with Craniosacral Therapy, Kinesiology and Total Body Modification

**Visceral Manipulation:** Correcting lesions of the internal organs

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# Referring Others

Sharing and  
helping others  
regain health  
the natural way



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### **Who told you about Naturopathy?**

What would your health be like if your organ systems never improved? If someone never told you about Naturopathy? Would you be living on drugs? Facing Surgery?

Fortunately, someone did tell you about Naturopathy and you were brave enough to explore the world of natural and complementary medicine. In doing so, you've joined the many millions of people who found relief from dis-ease and regained their health under safe, natural, drug-free naturopathy care.

### **Millions Regain Their Health**

Many millions of people have regained their health under naturopathy care. Many are alive today because of naturopathy. How many people would be swallowing pills while continuing to live with pain and disease were it not for the naturopathic care? To these millions, going in for a naturopathic check-up is as natural as going to the dentist for a cleaning and a check-up.

### **Why live on Drugs?**

When naturopathic enthusiasts see others - friends, relatives, perhaps strangers - living on pills and other medicines, they say, "Why live on drugs? Why live with disease? Aren't you frustrated by the medical approach? Aren't you tired of being sick and tired? Why don't you see my Naturopathic Physician?"

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### **Why Don't You See My Naturopathic Physician?**

It's possible that some of your friends and relatives have never gotten a naturopathic health check to determine the health status of the internal organs. The answer to their health problems may be literally around the corner, down the block or across the street. They may never have the good fortune of having someone suggest that they see a Naturopathic Physician.

### **A Drug-Free Option for Children**

Naturopathic Physicians success with children is well documented. One of the best things about naturopathy is that it presents children with a drug-free option when it comes to healthcare.

When you explore non-drug alternatives, you are teaching children that drugs don't have to be the answer. You are showing them that it's possible to use and improve your natural self-healing ability and they can too. What a great message to give a child!

Children are like plants, need nurture and support to grow into a big strong tree



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### **You Took That First Step.....**

...and entered the world of Naturopathy - the natural, safe, drugless healing art that has saved so many people from drugs, surgery and suffering. Will you tell others?

Will you bestow on others the good luck that has been yours? Are your family members' health being ignored, while yours is getting healthier?

Naturopathic Physicians spend 4 years and approximately 3750 hours studying, anatomy, physiology, nutrition, herbs, vitamins, and bodywork and counseling as well as other modalities can include, acupuncture and spinal manipulation.

### **Tell Someone You Care About**

Please pass the message to someone you know who is suffering that naturopathy can awaken their health potential. After all, someone told you....

### **In Conclusion**

No matter what disease or condition you have, you can benefit from a Naturopathic Health Check. This testing includes a functional assessment of the individual organs. The functional status of the internal organs are important for your overall healing.

Among the many things that contribute to your health are the quality of the air, food and water you take in; how you handle emotional stress; your inherited weaknesses and strengths; your use of drugs; exercise and relaxation.

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