

## TESTIMONIALS

### ADHD

Before joining BICOM/Craniosacral program, our son, Clement, 12, has very little motivation to do well in school. He is always very restless, inattentive and behaves and talks like a small child both in school and at home. When the problems persist to the extent that it adversely affects his attitude towards his study, we decided to refer him to this Clinic in the hope that alternative medicine may help my son with his problems.

Clement has shown not only marked improvement in his exams but has also changed dramatically in his behaviour and attitude towards his family friends and teachers. He is also able to concentrate and focus more on his work without much supervision. We are extremely pleased and satisfied with the results of the treatments he received and will not hesitate to share our experience with any parents who have similar problems with their children.  
Wang Hung Jeng (Mother)

### Speech Delay

My son was 2 years and 6 months old and he did not talk at all except dag dag (= bye bye in Indonesian) and he often fall when he walks/run. He could not bike nor use alternate foot when climb stairs. My son fell from bed when he was a few months old.

After several visits to the Clinic, my son started to say "papa" occasionally (means "daddy") and later on he starts to bike reverse and use alternate foot when climbed stairs. Later on he bike forward but without turn right/left at all. Now my son can communicate his mind with words and bike normally. He is now 3 years and 5 months.  
Jonathan (Father)

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**We provide the following modalities to support  
Adults and Families**  
a brief overview

**Acupuncture:** We use disposable needles

**Bio-Energetic Medicine:** Uses equipment for diagnosis and treatment

**Biological Medicine:** An integrated system that uses many modalities for pathology and wellness

**Craniosacral Therapy:** Hands-on system to very gently correct the musculo-skeletal system and fascia of the body

**Functional Medicine:** Focused on wellness assessments and tailored treatments.

**Hair Mineral Analysis:** Checks for deficiencies in minerals and vitamins. Can also tell if you are pre-osteoporosis

**Homeopathy:** Remedies are in liquid form and tablet forms and work through stimulating your immune system.

**Herbal Medicine:** Remedies usually come in tablets in precise dosages, unlike Chinese herbals which are traditionally "brewed" at home

**Hypnotherapy:** "Mind effects body". Used to improve thinking and learning faculty, healing, phobias

**Iridology:** Diagnosis using the markings in the eye. Also checks for genetic predisposition and constitutional strength

**Kinesiology:** Hands-on system. We primarily use this as a quick preliminary diagnostic tool

**Naturopathy:** The Western System of Natural Medicine

**Spinal Manipulation:** Hands-on system for pain. Used in conjunction with Craniosacral Therapy, Kinesiology and Total Body Modification

**Visceral Manipulation:** Correcting lesions of the internal organs

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# A NATUROPATHIC APPROACH TO

# PEDIATRICS



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A naturopathic approach to pediatric health care involves the physical growth, mental/emotional development and overall health of the child. A naturopathic doctor can assist parents in understanding and supporting their child's different stages of growth and inform them of the options and choices they have regarding their child's health. The following looks at a few of the common health concerns facing children.

### Fevers

Fevers are one of the most common reactions the children display. Often fevers are the body's way of fighting infection and are the first sign that alerts parents and health-care practitioners that the child may be unwell. It is important to monitor childhood fevers and to recognize when medical attention is required. It is also important to recognize that fevers serve a vital role in building a healthy immune system that is able to fight off infections. By working with a naturopathic doctor you will learn approaches to manage your child's fever by administering homeopathic remedies, botanicals, hydrotherapy or Asian medicine.

### Skin Rashes

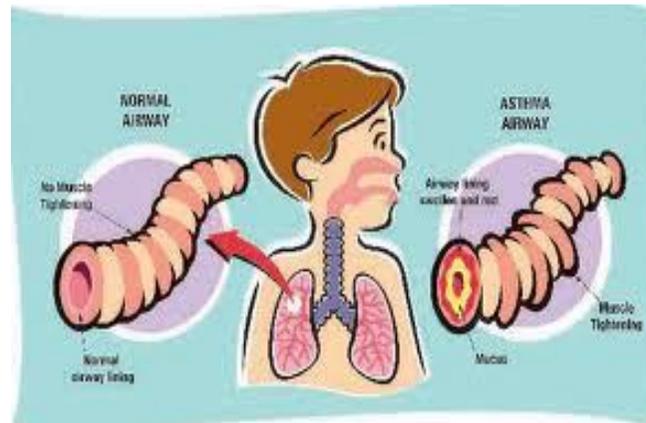
Skin rashes are a common symptom for children of all ages. Some common causes include allergic reaction to certain foods, plants or materials, insect bites, environmental toxins, reactions to certain drugs or chemicals and food intolerance or a metabolic imbalance within the body. A naturopathic doctor will assist you in understanding the root cause of the skin rash and how to treat and manage it without suppressing the body's defense mechanisms.

### Ear Infections

Ear infections are the number one reason that children visit pediatrician. Children prone to ear infections often get caught in a cycle of antibiotic and analgesic use that leads to the suppression of their immune system and prevents development of optimal defense mechanisms. It is important to look at the cause of ear infection and to provide treatment options that assist in identifying and removing the cause and in strengthening the immune system. Often nutritional deficiencies, food sensitivities or allergies may be a contributing factor. The naturopathic doctor will assist in identifying the problem and suggesting treatment options.

### Asthma

The number of children suffering from asthma is increasing. Why? Some of the reasons include a rise in environmental pollutants and toxins and in allergies to plants, certain foods and synthetic materials, increased emotional stressors and the overuse of drugs. A naturopathic doctor will assist you in not only identifying the root cause of the asthma, but will also provide you with treatment protocols that can help decrease the severity, length and recurrence of asthma attacks.



### Questions Commonly Asked

What is naturopathic medicine?

Naturopathic medicine is a unique and comprehensive approach to improving health and treating illness. It is based on the healing power of nature and it supports and stimulates the body's ability to heal itself. It uses a combination of natural medicines and gentle, hands-on techniques.

What training do naturopathic doctors have?

Like a conventional doctor, dentist, or chiropractor, the naturopathic doctors first completes pre-medical studies at university/college. The naturopathic student then moves on to a four-year, full-time program at an accredited naturopathic college. The first two years of study focus on basic medical sciences and diagnosis. The last two years concentrate on naturopathic principles and therapeutics, including extensive clinical practice in a supervised teaching clinic.

What are the kinds of treatments that naturopathic doctors use?

The basic therapies are clinical nutrition, botanical medicine, homeopathic medicine, Asian medicine (acupuncture and eastern botanicals), physical treatments and lifestyle counseling. The range of modalities allows naturopathic doctors to develop treatment plans that address not only the physical aspect of a person, but also the mental and emotional aspects. The naturopathic therapies are all based on the same principles, they all assist the body's healing response, and they are often more effective when combined.

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