

TESTIMONIALS

Autistic son diagnosed at 2-1/2. Severe intestinal dysbiosis. Allergies, behaviour was uncontrollable tantrums, sound sensitivity, head banging, biting, withdrawn and extremely shy. No speech, some babble. Disrupted sleep at night.

Gluten free, casein free, wheat free diet, egg free, within a few months showed improvement in behaviour when candida was eliminated. More improvement especially with sleep, within 3 weeks of taking NDF, became alert at school, listened to instructions better and on the third week tried to speak to classmates, teacher and sing along.

After a year, diagnosis has changed to PDD, Speech is still delayed but getting better by the month. Awareness is almost 100%. Socialisation is almost normal. Plays well with other children same age. Janet Ryder (Mother), Sept. 2003

My son was nine when he was diagnosed as **dyslexic**. Remediation programmes at DAS and Enigma did not help. At eleven, we discovered he had Irlen Syndrome– His academic results had always been bad..... I met Dr Sundardas and he suggested a Hair Tissue Mineral Analysis (HTMA). This led to my son's rapid recovery once Dr Sundardas knew what the problem was....Within 3 months of therapy, my son no longer sees printed words/letters as jumping. With the removal of mercury and other toxins from his body, my son has shown improvement in his memory and processing power. His reading improved and his handwriting too. ... he is now able to move along with his peers in school. Mrs Joslyn Chua, Oct. 2004

**SUNDARDAS NATUROPATHIC
CLINIC
251A VICTORIA STREET
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We provide the following modalities to support Adults and Families a brief overview

Acupuncture: We use disposable needles

Bio-Energetic Medicine: Uses equipment for diagnosis and treatment

Biological Medicine: An integrated system that uses many modalities for pathology and wellness

Craniosacral Therapy: Hands-on system to very gently correct the musculo-skeletal system and fascia of the body

Functional Medicine: Focused on wellness assessments and tailored treatments.

Hair Mineral Analysis: Checks for deficiencies in minerals and vitamins. Can also tell if you are pre-osteoporosis

Homeopathy: Remedies are in liquid form and tablet forms and work through stimulating your immune system.

Herbal Medicine: Remedies usually come in tablets in precise dosages, unlike Chinese herbals which are traditionally "brewed" at home

Hynotherapy: "Mind effects body". Used to improve thinking and learning faculty, healing, phobias

Iridology: Diagnosis using the markings in the eye. Also checks for genetic predisposition and constitutional strength

Kinesiology: Hands-on system. We primarily use this as a quick preliminary diagnostic tool

Naturopathy: The Western System of Natural Medicine

Spinal Manipulation: Hands-on system for pain. Used in conjunction with Craniosacral Therapy, Kinesiology and Total Body Modification

Visceral Manipulation: Correcting lesions of the internal organs

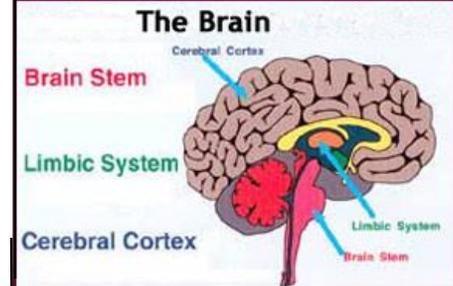


**ARE YOU LOSING SLEEP
ABOUT YOUR CHILD'S
LEARNING
DISABILITIES?**

**LOOKING FOR
INNOVATIVE
NUTRITIONAL
SOLUTIONS**

for

**ADD, ADHD,
AUTISM, ASD, PDD,
DYSLEXIA
DYSPRAXIA**



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WHAT IS BIOMEDICAL INTERVENTION?

It has now been found that they are a range of nutritional, toxicity and genetic tests that provide useful life changing information for children with learning and behavioural problems. Based on these tests they are specific interventions that are useful. These ideas have been found to be useful for a wide variety of children's conditions as well like ;

Autism, ADD, ADHD, PDD, Dyslexia ,Dyspraxia

History

For many years it was thought that learning disabilities like Autism and ADD to mention a few were thought to be psychological in nature. Research originating with Dr Rimland more than three decades ago demonstrated that these conditions had a strong biological basis for their causation.

In 1995, in a symposium sponsored by the Autism Research Institute, thirty clinicians and researchers met and formulated the Defeat Autism Now protocol. This protocol outlines the variety of biological tests and assessments that have been found to be useful in the management of these learning disabilities. There was a consensus amongst these practitioners that autistic spectrum disorders are the result of medical as opposed to psychological disorders.

Sundardas Naturopathic Clinic (SNC) specialises in the management of children with learning disabilities, using Biomedical Intervention.

It was found that children with learning disabilities generally had the following faults biochemical faults:

Central Nervous system problems of altered sensitivity and abnormal processing of sensory and expressive information

Immune system difficulties of altered sensitivity to and abnormal processing of immune stimuli and decreased resistance to infections

Alimentary system abnormalities with abnormal digestion, pathological alterations in bowel flora and increased permeability to antigens, peptides, microbial toxins and other biochemically active substances

Biochemical abnormalities such as low levels of certain amino acids or abnormal cytochrome p450 activity that results in poor detoxification of toxic molecules

Metabolic defects that demonstrate a pathological relationships between the chemistry of detoxification and the synthesis of substances used for tissue growth and repair, neurotransmission and immune modulation

The above factors cause an interference with the with the individual's **ability for perception, thinking and development.** This may be due to inborn or prenatal influences

A genetic profile characterised by certain high risk features expressed by genes associated with immune function

Outlined in the next panel is the SNC's approach to successfully managing these children's health conditions using Biomedical approaches. SNC has access to sophisticated German and American testing technology. They also have a working relationship with a number of cutting edge American Laboratories for doing the various tests.

The SNC Protocol REBOOT – Reset the digestive system

- 1) TESTING FOR SUBCLINICAL INFECTIONS – PARASITIC ORGANISMS
- 2) VACCINE DAMAGE
- 3) FOOD SENSITIVITIES :CASEIN, GLUTEN
- 4) GUT DYSBIOSIS

DETOXIFICATION

- 5) IMPAIRED LIVER DETOX PATHWAY , SULPHATION ISSUES
- 6) ENZYME SUPPLEMENTATION
- 7) TEST FOR HEAVY METAL TOXICITY

ACTIVE RECONSTRUCTION – Heal the intestinal lining

- 8) FATTY ACIDS
- 9) OTHER INTESTINAL NUTRIENTS - GLUTAMINE
- 10) SANUM THERAPY – Reconstruction of Intestinal Lining

